



# FEBRUARY SCHEDULE '12

+ a little  
bit of  
March!

## brenda's lansing area series

**FEBRUARY 1 THRU 29**

# UNLIMITED SESSIONS IN ANY SERIES \$88

**ADD A SPOUSE FOR JUST \$50 ~ CONVINCE A FRIEND TO DO THE UNLIMITED SPECIAL & YOU EACH PAY ONLY \$75!**

**Thu Feb 2                    5:45pm - 7:00pm**  
Scott Woods Park to Hawk Island - 2600 Clifton Avenue, Lansing, MI

**Tue Feb 7                    5:45pm - 7:00pm**  
Sharp Park - 1399 Elmwood Rd, Lansing, MI 48917

**Thu Feb 9                    5:45pm - 7:00pm**  
Lansing River Trail (Old Town) -  
Grand River Access Point at corner of Grand River and Turner St. in Old Town

**Tue Feb 14                  5:45pm - 7:00pm      HAPPY VALENTINE'S DAY**  
Bring a friend or sweetheart for just ONE DOLLAR with any paid EcoTrekker!  
Scott Woods Park towards Potter Park - 2600 Clifton Avenue, Lansing

**Thu Feb 16                  5:45pm - 7:00pm**  
Hawk Meadows Park - Hawk Meadows Park

**Tue Feb 21                  5:45pm - 7:00pm**  
The Hills of Mount Hope Cemetary from Scott Woods Park -  
Scott Woods Park on 2600 Clifton Avenue

**Thu Feb 23                  5:45pm - 7:00pm**  
Lansing River Trail (Red Cedar) - Lansing River Trail (Red Cedar) on S Clippert St

**Tue Feb 28                  5:45pm - 7:00pm**  
Scott Woods Park to Hawk Island - 2600 Clifton Avenue, Lansing

**Thu Mar 1                    5:45pm - 7:00pm**  
Sharp Park - 1399 Elmwood Rd, Lansing

**Tue Mar 6                    5:45pm - 7:00pm**  
Lansing River Trail (Old Town) - Grand River Access Point at corner of Grand River and  
Turner St. in Old Town

**Thu Mar 8                    5:45pm - 7:00pm**  
Scott Woods Park towards Potter Park - 2600 Clifton Avenue, Lansing

**Tue Mar 13                  5:45pm - 7:00pm**  
Hawk Meadows Park - Hawk Meadows Park

**BESIDES THE UNLIMITED SPECIAL, YOU CAN ALSO USE THE REGULAR PRICING IF IT WORKS OUT TO BE A BETTER DEAL FOR YOU:**

# www.ecotrekfitness.com

ANY 4 TO 7 SESSIONS = \$10 EACH, PRE-PAID  
ANY 8 TO 10 SESSIONS = \$9 EACH, PRE-PAID  
ANY 11 OR MORE SESSIONS = \$8 EACH, PRE-PAID